

Happy Healthy Together CIC – Digital Safeguarding Policy

Document control

| Policy owner | Designated Safeguarding Lead (DSL) |
|-----------------|------------------------------------|
| Approved by | Directors |
| Version | 1.0 |
| Effective from | 20/06/2026 |
| Last reviewed | 20/06/2026 |
| Next review due | 20/06/2027 |

The purpose and scope of this policy

This Digital Safeguarding Policy should be read alongside the Happy Healthy Together CIC **Safeguarding Policy** and **Safeguarding Induction Policy**.

Happy Healthy Together CIC delivers services including workshops, activities and programmes for children, young people, families, schools and professionals. As part of this work, we use digital tools, online platforms and technology.

The purpose of this policy is:

- To safeguard children, young people and vulnerable adults when using digital technology.
- To provide colleagues, parents/carers and partners with clear principles for safe online practice.
- To outline expectations for behaviour and use of digital platforms.
- To ensure that risks associated with online environments are identified, reduced and managed.

This policy applies to anyone working on behalf of Happy Healthy Together CIC, including directors, staff, associates and volunteers.

NSPCC guidance makes clear that every organisation working with children should have an online safety policy that sets out both its commitment to safeguarding and expectations for safe online behaviour.

Legal framework

This policy has been informed by safeguarding legislation and guidance in England, alongside best practice from NSPCC online safety resources.

We believe that:

- Children, young people and vulnerable adults should be able to benefit from digital technology safely.
- Online environments should be safe, supportive and free from abuse.
- Everyone has a responsibility to model and promote safe online behaviour.
- Digital safeguarding is an essential part of overall safeguarding practice.

We recognise that:

- The online world provides opportunities for learning, communication and connection but also presents risks.
- Children and young people may experience harm online, including abuse, exploitation or bullying.
- Online harm can occur both inside and outside of organisational activity.
- Effective digital safeguarding requires awareness, clear boundaries and appropriate responses.

We will seek to keep children, young people and vulnerable adults safe online by:

- Valuing, listening to and respecting them.
- Providing clear guidance on safe technology use.
- Setting expectations for acceptable online behaviour.
- Risk assessing digital platforms and delivery methods.
- Ensuring appropriate supervision in online environments.
- Sharing safeguarding information and online safety education with participants and families.
- Responding promptly to concerns of online harm or abuse.
- Reviewing and updating digital safeguarding practice regularly.

These approaches align with NSPCC expectations that organisations should assess risks, set behaviour expectations and respond effectively to concerns.

Understanding the online environment

As part of our work, Happy Healthy Together CIC will:

- Assess and manage risks associated with:
 - Social media platforms
 - Online workshops and video conferencing
 - Messaging and communication tools
 - Digital content and resources
 - Ensure that all platforms used are appropriate, secure and fit for purpose.
 - Review digital delivery regularly to ensure safe practice.
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Acceptable use and behaviour expectations

Clear expectations for behaviour are essential to online safety.

For colleagues

Colleagues must:

- Maintain professional boundaries at all times.
- Communicate respectfully and appropriately.
- Report any concerns or inappropriate behaviour immediately.

Colleagues must not:

- Share personal contact details with children.
- Engage in private or 1:1 digital communication unless authorised and risk assessed.
- Share, view or distribute inappropriate content.

For children, young people and participants

Participants are expected to:

- Use digital tools respectfully and responsibly.
- Not access, share or create inappropriate, harmful or illegal content.
- Not engage in bullying, harassment or harmful behaviour online.
- Not share personal information (e.g. address, phone number, passwords).
- Speak to a trusted adult if something online worries them.

These expectations reflect NSPCC agreement-style guidance promoting responsibility, respectful behaviour and reporting concerns.

Managing our online presence

Happy Healthy Together CIC will ensure that:

- Social media accounts are secure and appropriately managed.

- Content shared reflects organisational values and safeguarding standards.
 - Comments and interactions are monitored where appropriate.
 - Any inappropriate content or behaviour is addressed promptly.
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Use of images, video and digital content

We will:

- Obtain consent before capturing images or recordings.
- Store content securely in line with data protection requirements.
- Ensure images do not place individuals at risk.

We will not:

- Share identifying information alongside images without consent.
 - Use images in a way that could cause harm or distress.
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Online delivery (live sessions and digital programmes)

Where delivery takes place online:

- Approved platforms will be used.
- Sessions will be group-based wherever possible.
- Appropriate supervision and safeguarding controls will be in place.
- Clear expectations for behaviour will be communicated in advance.

Where working with children:

- Parents/carers or responsible adults should be aware of participation.
 - Sessions should not take place in isolation where risk is higher.
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Responding to online safeguarding concerns

Any concerns about online safety or digital behaviour must be treated as safeguarding concerns.

All colleagues must follow the core safeguarding procedure:

Step 1: Recognise

Be alert to signs of online harm, including disclosures or concerning behaviour.

Step 2: Respond

Listen, reassure and do not promise confidentiality.

Step 3: Record

Record concerns clearly, including context (e.g. platform, content, messages).

Step 4: Report

Report immediately to the Designated Safeguarding Lead (DSL).

Step 5: Refer

The DSL will determine appropriate action, including referral to relevant agencies.

If there is immediate risk of harm, contact emergency services (999).

NSPCC guidance emphasises the importance of responding appropriately and reporting concerns about online abuse.

Working with parents and carers

We recognise the important role of parents and carers in online safety.

We will:

- Share guidance and resources where appropriate.
 - Encourage open conversations about online behaviour and safety.
 - Signpost support (e.g. NSPCC, Childline).
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Supporting children and young people

We will:

- Promote digital wellbeing and safe online habits through our programmes.
- Encourage children and young people to speak up if they are worried.
- Provide a safe environment where concerns can be shared.

NSPCC guidance highlights the importance of open conversations and supporting children to seek help.

Confidentiality and information sharing

Information will be handled in accordance with our Data Protection Policy.

- Safeguarding concerns may require sharing information without consent.
 - Information will be shared on a need-to-know basis.
 - Records will be stored securely.
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Responsibilities

Happy Healthy Together CIC will:

- Embed digital safeguarding across all programmes.
- Provide training and guidance to colleagues where appropriate.
- Risk assess online activity and platforms.
- Monitor and review digital safeguarding practice.

All colleagues must:

- Follow this policy and safeguarding procedures.
- Maintain appropriate digital boundaries.
- Promote safe online behaviour.
- Report concerns promptly.

Designated Safeguarding Lead

Name: Daniel Miller (Director)

Phone: 07857 793 489

Email: info@happyhealthytogether.co.uk

If the DSL is unavailable and there is immediate risk of harm, contact emergency services (999) and notify the DSL as soon as possible.

Related policies and procedures

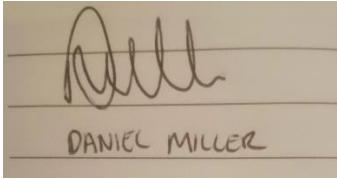
This policy should be read alongside:

- Safeguarding Policy
- Safeguarding Induction Policy
- Data Protection Policy
- Equality, Diversity and Inclusion Policy

Policy review

This policy will be reviewed annually, or sooner if required due to:

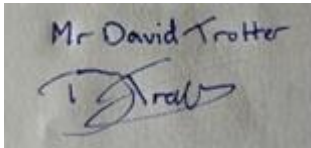
- Changes in legislation or guidance
- Changes in delivery methods or technology
- Learning from safeguarding incidents



DANIEL MILLER

Signed:

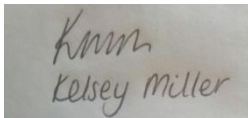
Date: 20/06/2026



Mr David Trotter

Signed:

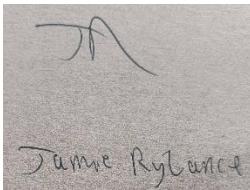
Date: 20/06/2026



Kelsey Miller

Signed:

Date: 20/06/2026



Jamie Rybance

Signed:

Date: 20/06/2026

