

# Happy Healthy Together CIC

## Safeguarding Vulnerable Adults Policy

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### 1. Purpose and scope of this policy

Happy Healthy Together CIC is committed to safeguarding and promoting the welfare of vulnerable adults who engage with our services. This policy sets out our approach to protecting adults aged 18 and over who may be at risk of abuse, neglect or exploitation.

This policy applies to all directors, employees, self-employed associates, volunteers and anyone acting on behalf of Happy Healthy Together CIC.

### 2. Definition of a vulnerable adult

A vulnerable adult is a person aged 18 or over who may be unable to protect themselves from harm, abuse or exploitation due to factors such as age, disability, mental or physical health needs, illness, dependency, or life circumstances. Vulnerability may be temporary or long-term.

### 3. Relationship to safeguarding and child protection

This policy sits alongside the Happy Healthy Together CIC Safeguarding Policy and Child Protection Policy. While safeguarding applies to both children and adults, this policy focuses specifically on adults who may require additional protection. Safeguarding responsibilities apply to everyone, regardless of age.

### 4. Our safeguarding principles

Our approach reflects the following principles: dignity and respect; empowerment and choice; prevention of harm; protection from abuse; partnership working; and accountability in safeguarding practice.

### 5. Types of abuse

Abuse may take many forms, including physical, emotional, sexual, financial or material abuse; neglect or acts of omission; discriminatory abuse; institutional abuse; domestic abuse; and exploitation, including online exploitation.

### 6. Recognising and responding to concerns

All colleagues must be alert to indicators of abuse or neglect and take concerns seriously. It is not the role of staff or associates to investigate concerns. Any suspicion, disclosure or

concern must be reported promptly to the Designated Safeguarding Lead (DSL).

If an adult is at immediate risk of harm, emergency services must be contacted by calling 999.

## **7. Designated Safeguarding Lead (DSL)**

The Designated Safeguarding Lead for Happy Healthy Together CIC is:

Name: Daniel Miller (Director)

Phone: 07857 793 489

Email: info@happyhealthytogether.co.uk

The DSL is responsible for receiving concerns, making referrals to Westmorland and Furness Council Adult Social Care where appropriate, maintaining secure records, and providing advice and support to colleagues.

## **8. Information sharing and confidentiality**

Information relating to safeguarding concerns will be shared on a need-to-know basis. While confidentiality is respected, it may be overridden where necessary to protect an individual from harm. Records will be stored securely in line with data protection legislation.

## **9. Training and safer working practice**

All colleagues will receive safeguarding training appropriate to their role and will be expected to maintain clear professional boundaries when working with adults. Safer recruitment practices and supervision arrangements support effective safeguarding.

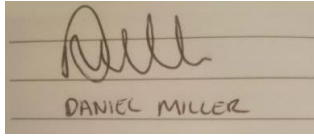
## **10. Working in partnership**

Happy Healthy Together CIC recognises that safeguarding adults is a shared responsibility and will work cooperatively with local authorities, health services and other agencies to promote safety and wellbeing.

## **11. Policy review**

This policy will be reviewed annually, or sooner if there are changes to legislation, guidance or organisational practice. Next review scheduled April 2027.

## Director approval



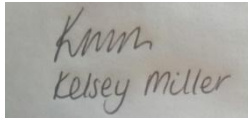
DANIEL MILLER

Signed: Date: 09/04/2026



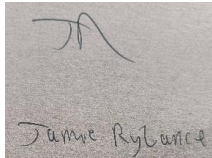
Mr David Trotter

Signed: Date: 09/04/2026



Kmm  
Kelsey Miller

Signed: Date: 09/04/2026



JR  
James Ryland

Signed: Date: 09/04/2026