



## Safeguarding Vulnerable Adults Policy for Happy Healthy Together CIC

### 1. Introduction

This policy outlines the commitment of Happy Healthy Together CIC to safeguard vulnerable adults from abuse, neglect, and exploitation. We recognise our duty to ensure that all vulnerable adults are treated with respect and dignity and are protected from harm.

### 2. Definition of Vulnerable Adults

A vulnerable adult is defined as a person aged 18 or over who may be unable to take care of themselves or protect themselves from harm or exploitation due to age, illness, disability, or other factors.

### 3. Principles

- **Respect and Dignity:** All vulnerable adults should be treated with respect and dignity.
- **Empowerment:** Vulnerable adults should be supported to make their own decisions and give informed consent.
- **Protection:** It is our duty to protect vulnerable adults from abuse and neglect.
- **Prevention:** We will take proactive steps to prevent abuse and neglect.
- **Partnership:** We will work in partnership with other organisations to safeguard vulnerable adults.
- **Accountability:** We will ensure that our safeguarding practices are transparent and accountable.

### 4. Types of Abuse

Abuse can take many forms, including but not limited to:

- **Physical Abuse:** Hitting, slapping, pushing, or misuse of medication.
- **Emotional Abuse:** Threats, humiliation, or verbal abuse.
- **Sexual Abuse:** Any sexual activity that a vulnerable adult has not consented to or cannot consent to.
- **Financial Abuse:** Theft, fraud, or exploitation of a vulnerable adult's financial resources.
- **Neglect:** Failing to provide necessary care, assistance, or attention.

### 5. Legal Framework

This policy is guided by the following UK legislation:

- **The Care Act 2014:** Places a general duty on local authorities to promote the wellbeing of individuals when carrying out care and support functions<sup>1</sup>.
- **The Sexual Offences Act 2003:** Prohibits any sexual activity between a care worker and a person with a mental disorder while the relationship of care continues<sup>1</sup>.
- **The Safeguarding Vulnerable Groups Act 2006:** Prevents people who are deemed unsuitable to work with children and vulnerable adults from gaining access to them through their work<sup>1</sup>.

## 6. Reporting and Responding to Abuse

- **Reporting:** Any concerns about the welfare of a vulnerable adult should be reported immediately to the designated safeguarding officer.
- **Response:** The designated safeguarding officer will take appropriate action, which may include contacting relevant authorities and providing support to the vulnerable adult.
- **Confidentiality:** All reports and investigations will be handled with the utmost confidentiality.

## 7. Training and Awareness

All staff and volunteers will receive regular training on safeguarding vulnerable adults to ensure they are aware of the signs of abuse and know how to respond appropriately.

## 8. Monitoring and Review

This policy will be reviewed annually to ensure it remains effective and up-to-date with current legislation and best practices. **Next review date is 24/03/2026.**

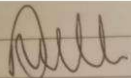
## 9. Contact Information

For any concerns or questions regarding this policy, please contact Daniel Miller the designated safeguarding officer at [info@happyhealthytogether.co.uk](mailto:info@happyhealthytogether.co.uk).

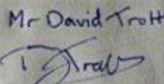
## 10. Conclusion

Happy Healthy Together CIC is committed to safeguarding vulnerable adults and ensuring their safety and well-being. We will continue to work diligently to protect those in our care.

Signed:

  
 DANIEL MILLER

Signed:

  
 Mr David Trotter

Date: 01/03/2025